



2022 SPRING FLAG FOOTBALL

Divisions/Age Groups (based on birth year)

(Coed)

\$250 Includes Regular Season + Jamborees + Provincial Tournament

U8: Age 5-7

U10: Age 8-9

U12: Age 10-11

U14: Age 12-13

U16: Age 13-15

U19: Age 16-18

(Girls)

\$150 Includes regular season + Jamborees *special inaugural season rate

*Divisions may be adjusted based on registration numbers

U10: Age 6-9

U14: Age 10-13

U19: Age 13-18

*All prices include players' jerseys, flags & insurance.

*All refunds will be charged an administration fee of \$30. No refunds after April 15.

Important Dates (Coed)

Jamborees: April 23 & 30

May 7, 14 & 28

June 4

Provincials: June 10-12 (White Rock/South Surrey)

Girls Jamboree Schedule TBA

COACHES NEEDED FOR ALL DIVISIONS!!

Current CRC and coaching certifications required. Email
southdeltaramscoaching@gmail.com for more details.

REGISTER ONLINE [HERE](#) TO RESERVE YOUR SPOT

Contact: southdeltafootball@gmail.com for more details

For information on how to register through our new registration site PowerUp check out this [video](#)